



***The Alleghany Foundation Awards \$771,578 to Area Projects***  
*Health and Wellness Projects a Major Focus of November Grant Cycle*

**COVINGTON, Va. (Nov. 18, 2011)** – The Alleghany Foundation announced today that it has awarded \$771,578 in 16 grants to 12 area organizations for projects designed to enhance the quality of life for citizens of the Alleghany Highlands.

Health and wellness initiatives were the major focus of the November grant cycle, with nearly \$489,000 awarded in grants that will impact community health. Since 1996, The Alleghany Foundation has awarded more than \$35 million to area organizations through semi-annual grant cycles, with nearly \$5.5 million of that total targeting health and wellness initiatives.

“Our foundation was formed by the sale of the hospital in 1995, so grants that support the health and wellness of Alleghany Highlands citizens have always been in keeping with our mission,” said Charles Kahle, Foundation president. “Programs such as these that improve our citizens’ health are a long-term investment in the future of families in the Alleghany Highlands.”

The largest award was given to the Alleghany Highlands Free Clinic, which will receive three grants for a total of \$325,379 to provide a physician assistant, administrative services, and pharmacy services over a two-year period. The Foundation has supported the services of the Free Clinic since its inception.

An additional \$157,500 health and wellness grant was awarded to enhance the EMT training program at Dabney S. Lancaster Community College. The grant, given over three years, will increase training available to members of local rescue squads and support equipment and faculty expenses that will help the program meet state guidelines for certification of the EMT-Intermediate level.

In addition, three grants totaling \$20,741 awarded to the Alleghany Highlands YMCA provide funds for the following: purchase of a Theracycle for use by individuals with chronic health conditions; a security system for the Central Child Care facility; and an after prom party for area teens.

In a major infrastructure grant, Jackson River Enterprises received \$150,170 to allow the organization to significantly increase its recycling capacity and expand its ability to recycle high-quality paper. Founded in 1964, Jackson River Enterprises provides long-term training and employment to more than 50 mentally, physically, and emotionally challenged adults in the Alleghany Highlands community.

Two grants—to Virginia Hunters Who Care, Inc. and a matching grant to Feeding America Southwest Virginia—will help efforts to feed the region’s hungry, and a grant to the American Red Cross will fund disaster preparedness and relief efforts for area citizens.

Also receiving funding this cycle from The Alleghany Foundation are:

- Mountain Soil & Water Conservation District: \$11,700 for environmental education
- Allegheny Highlands Drug Task Force: \$5,668 for GPS Tracker
- Allegheny Highlands Chamber of Commerce and Tourism: \$26,700 to develop an Artisan Trail Network
- C&O Historical Society: \$20,000 for directional highway signage to the Railway Heritage Center and Downtown Clifton Forge
- Allegheny Highlands Arts Council: \$17,400 for programming for area youth through the Missoula Children's Theater and the Young People's Theatre Series

Mary Fant Donnan, The Allegheny Foundation executive director, recognized the board of directors for their efforts in reviewing the biennial grant applications and for their responsible stewardship of Foundation assets.

"Our twelve-member board volunteers many hours to ensure that the Foundation grants benefit our citizens to the maximum level possible," she says. "Their efforts are instrumental in helping our community reach its goals and aspirations."

The Allegheny Foundation is a nonprofit foundation based in Covington. Since its formation in June 1995, the Foundation has awarded over \$35 million to 65 organizations for programs to benefit Allegheny Highlands' residents. These awards total now more than the original \$35 million in proceeds from the sale of Allegheny Regional Hospital to HCA.

"The Foundation received 30 grant requests during this funding cycle," says Donnan. The Foundation awards grants twice annually. Nonprofit, 501(c)(3) tax-exempt organizations interested in requesting funding from the Foundation should submit an application, following the instructions outlined in the Foundation's Application Guidelines Brochure available at the Foundation's office and on its website.

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***About the Allegheny Foundation:*** *The Allegheny Foundation was established in 1995 with \$35 million in proceeds from the sale of the Allegheny Regional Hospital. The Foundation's vision is to be a resource for and partner with eligible organizations to make the Allegheny Highlands a civically engaged, prosperous region that builds upon its assets to produce vigorous opportunities for all its residents. For more information about the Foundation, please visit [www.AlleghenyFoundation.org](http://www.AlleghenyFoundation.org).*

**The Alleghany Foundation Grants – November 2011**

<b>Alleghany Highlands Arts Council</b>	
- Artist fees for the Missoula Children's Theater and the Young People's Theatre Series	\$17,400
<b>Alleghany Highlands Chamber of Commerce and Tourism</b>	
- Artisan Trail Network (grant over three years)	\$26,700
<b>Alleghany Highlands Drug Task Force</b>	
- GPS Tracker	\$ 5,668
<b>Alleghany Highlands Free Clinic</b>	
- Physician Assistant (grant over two years)	\$157,270
- Pharmacy Services (grant over two years)	\$ 13,249
- Administrative Services (grant over two years)	\$154,860
<b>Alleghany Highlands YMCA</b>	
- After Prom party	\$ 5,000
- Theracycle to Promote Health and Wellness for People with Chronic Conditions	\$ 5,895
- Security System for Central Childcare Center	\$ 9,846
<b>American Red Cross</b>	
- Disaster preparedness and relief efforts	\$ 6,500
<b>C&amp;O Historical Society</b>	
- Directional Highway Signage for the Railway Heritage Center and Downtown Clifton Forge	\$ 20,000
<b>Dabney S. Lancaster Community College</b>	
- EMT-Intermediate training program (over three years)	\$157,500
<b>Feeding America Southwest Virginia</b>	
- Refrigerated truck- matching funds	\$ 28,000
<b>Jackson River Enterprises</b>	
- Equipment and Improvements for Facility Operating Efficiency	\$150,170
<b>Mountain Soil &amp; Water Conservation District</b>	
- Karst education for Alleghany County	\$ 11,700
<b>Virginia Hunters Who Care, Inc.</b>	
- Hunters for the Hungry	\$ 1,820
<b>TOTAL</b>	<b>\$771,578</b>